

## Teacher Parent Home-School Lesson Plan

Teachers Name \_\_\_\_\_

Date \_\_\_\_\_

Days of the week Date:	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Nutrition Activity Suggestion</b>	Discussion: Name foods that are shaped like a circle (oranges, plums, apples)	Discussion: What is your favorite food to eat? Why is it healthy or non- healthy?	Name fruits and vegetable that are Spring colors	Make up a silly nutrition song with your child about foods that your child likes eating. Ex: I like to eat, eat, eat, Apples and Bananas, I like to eat, eat, eat, Plums, and Strawberries, etc., and let the child say what they like to eat	Discuss the texture of foods before they are cooked, such as; grits, oatmeal, and rice
<b>Story Time/ Finger plays</b>	Let your child pick out a storybook to read throughout the day <a href="https://youtu.be/KGvDvg4M0rk">https://youtu.be/KGvDvg4M0rk</a>  Copy and paste website	Let your child pick out a storybook to read throughout the day <a href="https://youtu.be/KGvDvg4M0rk">https://youtu.be/KGvDvg4M0rk</a>  Copy and paste website	Let your child pick out a storybook to read throughout the day <a href="https://youtu.be/KGvDvg4M0rk">https://youtu.be/KGvDvg4M0rk</a>  Copy and paste website	Let your child pick out a storybook to read throughout the day <a href="https://youtu.be/KGvDvg4M0rk">https://youtu.be/KGvDvg4M0rk</a>  Copy and paste website	Let your child pick out a storybook to read throughout the day <a href="https://youtu.be/KGvDvg4M0rk">https://youtu.be/KGvDvg4M0rk</a>  Copy and paste website
<b>Math Activity</b>	Count how many steps it takes to get to the bathroom	Count how many steps it takes to get to the refrigerator	Count how many steps it takes to get outside	Count how many times your child can jump up and down with their legs together	Count how many times your child washes his/her hands in a whole day
<b>Fine and Gross Motor Activities</b>	Let the child go outside and hop 10 times going forward	Let the child go outside and do 10 jumping jumps	Let your child look through a book and while turning the pages look for letters in his/her name	Let you child go outside to get some fresh air while scavenger hunting for things in the sky. Record and talk about what your child sees.	Let your child look through a book and count all the letters they see in their names while pointing to each letter
<b>Self – Help Activity</b>	See if your child knows how to button a shirt or blouse	See if your child can tie a shoe	See if your child knows how to properly hold his/her pencil	Let your child make his own bed today	Let your child draw a picture of his/her choice today